

Value-Based Care Training

2019 Course Offerings

MSPPS Workforce is excited to launch Value-Based Care (VBC) Instructor-led Training, a set of courses that will provide healthcare professionals with an understanding of ongoing industry change and the capabilities needed to be successful during our transformation to population health.



**Mount
Sinai**

Training Offerings

May 2019

Core Courses	Supplemental Courses	Additional Courses				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 Motivational Interviewing (Part 1) 9 AM – 5 PM	7 LGBTQ 9 AM – 12:30 PM Safety in the Community 1:30 PM – 5 PM	8 Health Literacy 9 AM – 12:30 PM Understanding Mindset 1:30 PM – 5 PM	9	10	11
12	13 Introduction to Value-Based Care 9 AM – 5 PM	14 Identifying Patient Barriers and Solutions 9 AM – 5 PM	15 Understanding Chronic Conditions 9 AM – 5 PM	16 Understanding Behavioral Health 9 AM – 5 PM	17	18
19	20	21 Motivational Interviewing (Part 2) 9 AM – 5 PM	22 Influencing for Organizational Impact 9 AM – 1:30 PM	23 Cultural Competency 9 AM – 1:30 PM Ryan Health 110 W 97 th St.	24	25
26	27	28	29	30 Identifying and Engaging Patients with Behavioral Health Conditions 9 AM – 5 PM	31 NYLAG (Day A) 9 AM – 5 PM	

Training Offerings

June 2019

Core Courses	Supplemental Courses		Additional Courses			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Introduction to Value-Based Care 9 AM – 5 PM	4 Identifying Patient Barriers and Solutions 9 AM – 5 PM	5 Understanding Chronic Conditions 9 AM – 5 PM	6 Understanding Behavioral Health 9 AM – 5 PM	7	8
	Ryan Health 110 W 97 th St.	Cultural Competency 9 AM – 1:30 PM				
9	10 Motivational Interviewing (Part 1) 9 AM – 5 PM	11 LGBTQ 9 AM – 12:30 PM Safety in the Community 1:30 PM – 5 PM	12 Health Literacy 9 AM – 12:30 PM Understanding Mindset 1:30 PM – 5 PM	13	14 NYLAG (Day B) 9 AM – 5 PM	15
16	17	18 Motivational Interviewing (Part 2) 9 AM – 5 PM	19 Communicating with Impact 9 AM – 1:30 PM	20 Computer Basics 9 AM – 12:30 PM	21	22
23	24 SBIRT (Part 1) 9 AM – 4 PM	25 SBIRT (Part 2) 9 AM – 4 PM Resolving Workplace Conflict 9 AM – 1:30 PM	26 Identifying and Engaging Patients with Behavioral Health Conditions 9 AM – 5 PM	27	28	29
30		Ryan Health Chelsea Clinton - 645 10 th Ave				

Training Offerings

July 2019

Core Courses	Supplemental Courses		Additional Courses			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Motivational Interviewing (Part 1) 9 AM – 5 PM	2 LGBTQ 9 AM – 12:30 PM Safety in the Community 1:30 PM – 5 PM	3	4	5	6
7	8	9	10 Health Literacy 9 AM – 12:30 PM Understanding Mindset 1:30 PM – 5 PM	11	12	13
14	15	16 Motivational Interviewing (Part 2) 9 AM – 5 PM	17	18	19	20
21	22 Introduction to Value-Based Care 9 AM – 5 PM	23 Identifying Patient Barriers and Solutions 9 AM – 5 PM	24 Understanding Chronic Conditions 9 AM – 5 PM	25 Identifying and Engaging Patients with Behavioral Health Conditions 9 AM – 5 PM	26 Understanding Behavioral Health 9 AM – 5 PM	27
28	29 Maximizing Team Performance 9 AM – 1:30 PM	30	31			

Training Offerings

August 2019

Core Courses	Supplemental Courses		Additional Courses			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 Motivational Interviewing (Part 1) 9 AM – 5 PM	6 LGBTQ 9 AM – 12:30 PM Safety in the Community 1:30 PM – 5 PM	7 Understanding Chronic Conditions 9 AM – 5 PM	8 Identifying and Engaging Patients with Behavioral Health Conditions 9 AM – 5 PM	9	10
11	12 Introduction to Value-Based Care 9 AM – 5 PM	13 Identifying Patient Barriers and Solutions 9 AM – 5 PM	14 Health Literacy 9 AM – 12:30 PM Understanding Mindset 1:30 PM – 5 PM	15 Understanding Behavioral Health 9 AM – 5 PM Cultural Competency 9 AM – 1:30 PM	16	17
18	19 Delegating with Purpose 9 AM – 1:30 PM Ryan Health 110 W 97 th St.	20 Motivational Interviewing (Part 2) 9 AM – 5 PM	21	22	23	24
25	26	27 Delegating with Purpose 9 AM – 1:30 PM	28	29	30	31

Ryan Health
Chelsea Clinton - 645 10th Ave

Training Offerings

September 2019

Core Courses Supplemental Courses Additional Courses

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 Introduction to Value-Based Care 9 AM – 5 PM	10 Identifying Patient Barriers and Solutions 9 AM – 5 PM	11 Health Literacy 9 AM – 12:30 PM Understanding Mindset 1:30 PM – 5 PM	12 Understanding Behavioral Health 9 AM – 5 PM	13	14
15	16 Motivational Interviewing (Part 1) 9 AM – 5 PM	17 LGBTQ 9 AM – 12:30 PM Safety in the Community 1:30 PM – 5 PM	18 Understanding Chronic Conditions 9 AM – 5 PM	19	20	21
22	23 Coaching for High Performance 9 AM – 1:30 PM	24	25	26 Computer Basics 9 AM – 12:30 PM	27 Motivational Interviewing (Part 2) 9 AM – 5 PM	28
29	30 Identifying and Engaging Patients with Behavioral Health Conditions 9 AM – 5 PM					

Training Offerings

October 2019

Core Courses	Supplemental Courses		Additional Courses			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 Introduction to Value-Based Care 9 AM – 5 PM	8 Identifying Patient Barriers and Solutions 9 AM – 5 PM	9 Health Literacy 9 AM – 12:30 PM Understanding Mindset 1:30 PM – 5 PM	10 Understanding Behavioral Health 9 AM – 5 PM	11	12
13	14 Motivational Interviewing (Part 1) 9 AM – 5 PM	15 LGBTQ 9 AM – 12:30 PM Safety in the Community 1:30 PM – 5 PM	16 Understanding Chronic Conditions 9 AM – 5 PM	17	18	19
20	21 Building & Sustaining Trust 9 AM – 1:30 PM	22 Motivational Interviewing (Part 2) 9 AM – 5 PM	23	24	25	26
27	28 SBIRT (Part 1) 9 AM – 4 PM	29 Identifying and Engaging Patients with Behavioral Health Conditions 9 AM – 5 PM	30	31 SBIRT (Part 2) 9 AM – 4 PM		

Training Offerings

November 2019

Core Courses	Supplemental Courses		Additional Courses			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Introduction to Value-Based Care 9 AM – 5 PM	5 Identifying Patient Barriers and Solutions 9 AM – 5 PM	6 Understanding Chronic Conditions 9 AM – 5 PM	7 Understanding Behavioral Health 9 AM – 5 PM	8	9
10	11 Motivational Interviewing (Part 1) 9 AM – 5 PM	12 LGBTQ 9 AM – 12:30 PM Safety in the Community 1:30 PM – 5 PM	13 Health Literacy 9 AM – 12:30 PM Understanding Mindset 1:30 PM – 5 PM	14	15 NYLAG (Day A) 9 AM – 5 PM	16
17	18	19 Motivational Interviewing (Part 2) 9 AM – 5 PM	20	21	22	23
24	25 Identifying and Engaging Patients with Behavioral Health Conditions 9 AM – 5 PM	26	27 Mastering Emotional Intelligence 9 AM – 1:30 PM	28	29	30

Training Offerings

December 2019

Core Courses Supplemental Courses Additional Courses

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Computer Basics 9 AM – 12:30 PM	6 NYLAG (Day B) 9 AM – 5 PM	7
8	9 Motivational Interviewing (Part 1) 9 AM – 5 PM	10 Introduction to Value-Based Care 9 AM – 5 PM	11 Health Literacy 9 AM – 12:30 PM Understanding Mindset 1:30 PM – 5 PM	12 Understanding Chronic Conditions 9 AM – 5 PM	13 Understanding Behavioral Health 9 AM – 5 PM	14
15	16 Identifying and Engaging Patients with Behavioral Health Conditions 9 AM – 5 PM Cultural Competency 9 AM – 1:30 PM	17 LGBTQ 9 AM – 12:30 PM Safety in the Community 1:30 PM – 5 PM	18 Identifying Patient Barriers and Solutions 9 AM – 5 PM	19 Motivational Interviewing (Part 2) 9 AM – 5 PM	20	21
22	23	24	25	26	27	28
29	30	31				

Ryan Health
110 W 97th St.

Value-Based Care

Identifying Patient Barriers and Solutions

Understand how personal bias and culture affect the way people interpret illness and interact with the medical system.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Improving Health and Wellness: Understanding Behavioral Health

Basics of mental health and crisis management, using a care plan and documentation.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Improving Health and Wellness: Understanding Chronic Conditions

Basics of providing care for patients with diabetes, cardiovascular disease, hepatitis, and HIV.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Introduction to Value-Based Care

Understand population health, industry transformation, and best practices for working with patient-centered care teams.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Motivational Interviewing

Learn evidence-based practices in motivational interviewing to help patients develop internal motivation for behavioral change.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Understanding Mindset and Its Impact on Change

Improve emotional intelligence and learn tools to enhance self-awareness, self-management, social awareness, and relationship management.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Value-Based Care

Computer Basics

Fundamentals of Microsoft Office (Word, PowerPoint, Excel) and internet functions, including browsing and shortcuts.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Health Literacy

Understand how bias, culture, health disparities, and social determinants of health impact patient outcomes and learn best practices in health literacy.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Identifying and Engaging Patients with Behavioral Health Conditions

Teaches learners to work more effectively with patients with varied behavioral health condition by increasing their understanding of the disorders themselves and how to appropriately engage patients with different diagnoses.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

New York Legal Assistance Group (NYLAG)

Provides participants an opportunity to understand the legal issues their patients face and take action. Topics included in this training include: housing, access to health care and ways to maximize income.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Safety in the Community

Best practices to conduct successful home visits including risk assessment and personal safety.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Evidence-based prevention/early intervention practice used to identify and counsel patients who use alcohol and other drugs at risky levels.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Understanding Common Legal Issues Impacting Your Patients

Learn ways to address housing, access to health care, ways to maximize income, and immigration topics from a legal lens.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Working with the LGBTQ Patient Population

Learn best practices in working with LGBTQ patients, including health risk factors, terminology, intake, and documentation.

✦ **Location:** Concord Rusam School 160 Pearl Street, New York, NY 10005

Unlock Career Potential

Building and Sustaining Trust

This course introduces two different tools, Trust Builders and Trust Breakers, to demonstrate ways leaders can build or break trust.

✦ **Location:** WeWork 500 7th Avenue, New York, NY 10018

Coaching for High Performance

Leaders will learn to develop multidirectional coaching skills and the proactive inquiry method for more effective interactions leading to increased productivity across the board.

✦ **Location:** WeWork 500 7th Avenue, New York, NY 10018

Communicating for Leadership Success

This course helps leaders communicate effectively using the tool “Interaction Essentials” to handle the variety of challenges and opportunities they encounter in the workplace.

✦ **Location:** WeWork 500 7th Avenue, New York, NY 10018

Communicating with Impact

This course provides individuals with a powerful set of interaction skills to communicate more effectively and in the process, build trust, strengthen partnerships, and achieve desired results.

✦ **Location:** WeWork 500 7th Avenue, New York, NY 10018

Delegating with Purpose

Leaders learn to address challenges, gain the commitment of team members, develop individual skills and abilities, and enhance the overall performance of their teams and organization.

✦ **Location:** Ryan Health Chelsea Clinton - 645 10th Avenue (8/19/2019)

✦ **Location:** WeWork 500 7th Avenue, New York, NY 10018 (8/27/2019)

Embracing Change

Participants discover their Change IQ, learn about the phases of change that many people experience and best practices to overcome the new business challenges.

✦ **Location:** WeWork 500 7th Avenue, New York, NY 10018

Influencing for Organizational Impact

Leaders learn to create an influence strategy that clearly links their ideas and recommendations to changes that will have a positive impact on individual, team and organizational performance.

✦ **Location:** WeWork 500 7th Avenue, New York, NY 10018

Making Change Happen

Leaders learn the ability to drive change by understanding the importance of stakeholders, multiple viewpoints, and communications and buy in.

✦ **Location:** WeWork 500 7th Avenue, New York, NY 10018

Mastering Emotional Intelligence

Leaders can learn to assess and enhance their own emotional intelligence (EQ) which contributes to improved performance for their teams, partnerships, and organization.

✦ **Location:** WeWork 500 7th Avenue, New York, NY 10018

Maximizing Team Performance

This course focuses on how leaders can work with their teams to build the infrastructure that enables maximum performance.

✦ **Location:** WeWork 500 7th Avenue, New York, NY 10018

Resolving Workplace Conflict

This course teaches learners how to recognize the signs of escalating conflict and take appropriate action to minimize damage.

✦ **Location:** Ryan Health Chelsea Clinton - 645 10th Avenue

Cultural Competency

Cultural Competency

Gain an understanding of the impact social determinants of health and health disparities have on patients and their communities.

✦ **Location:** Ryan Health 110 W 97th Street



Registration

To register for trainings, contact us at
dsrip_workforce@mountsinai.org to register you directly.

If you are a Clinical Integration Learning Center (CILC) user:
login [here](#) to register for any of the course offerings.

If you are not a CILC user or unsure about your status:
click [here](#) for more information about registration.



Contact

For questions about registration or for more information about the training, please contact dsrip_workforce@mountsinai.org.

About Mount Sinai PPS, LLC

Mount Sinai Performing Provider System (MSPPS) is one of 25 PPSs in New York State participating in the Delivery System Reform Incentive Payment Program (DSRIP). As part of Medicaid reform, DSRIP aims to reduce avoidable hospital use by 25 percent by 2020. MSPPS partners with medical and behavioral health providers and community-based organizations throughout Manhattan, Brooklyn, and Queens to implement clinical initiatives that support the ultimate goal of DSRIP. For more information, visit www.mountsinaipps.org.