

Each module takes a maximum of 30 minutes. The Icahn School of Medicine at Mount Sinai designates .50 AMA PRA Category 1 Credits™ for each module.

### **CME Course #1: Diabetes and Prediabetes Management**

These training modules provide a set of best practices for interventions targeting diabetes management.

#### **Module 1: Foundations of Management**

**Purpose:** To provide a collection of best practices to guide and inform provider activities and interventions targeting diabetes management for the Mount Sinai Performing Provider System (MSPPS). This module will specifically focus on how to assess and manage patients with diabetes according to the latest standards of medical care in diabetes.

Upon completion of this activity, participants should be able to:

- Assess and manage patients with diabetes according to the latest standards of medical care in diabetes.

#### **Module 2: Glycemic Target and Control**

**Purpose:** To provide a collection of best practices to guide and inform provider activities and interventions targeting diabetes management for the Mount Sinai Performing Provider System (MSPPS). This module will specifically focus on how to apply the goals of glucose control in patients with Type 2 diabetes.

Upon completion of this activity, participants should be able to:

- Recognize proper glycemic targets and describe the latest available options for blood glucose management and control according the latest standards of medical care in diabetes.

#### **Module 3: Prevention of Microvascular and Macrovascular Complications**

**Purpose:** To provide a collection of best practices to guide and inform provider activities and interventions targeting diabetes management for the MSPPS. This module will specifically focus on prevention and management of diabetes-related microvascular and macrovascular complications, such as eye disease, coronary artery disease, and foot problems.

Upon completion of this activity, participants should be able to:

- Recognize and manage risk factors for cardiovascular disease and diabetes-related microvascular and macrovascular complications, such as eye disease, kidney disease, foot problems, and coronary heart disease, according to the latest standards of medical care in diabetes.

#### **Module 4: Using the Chronic Care Model to Manage Diabetes**

**Purpose:** provide a collection of best practices to guide and inform provider activities and interventions targeting diabetes management for the Mount Sinai Performing Provider System (MSPPS). This module will specifically focus on the usage and application of the chronic care model to manage high risk patients with diabetes.

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#### **About Mount Sinai PPS, LLC**

Mount Sinai Performing Provider System (MSPPS) is one of 25 PPSs in New York State participating in the Delivery System Reform Incentive Payment Program (DSRIP). As part of Medicaid reform, DSRIP aims to reduce avoidable hospital use by 25 percent by 2020. MSPPS partners with medical and behavioral health providers and community-based organizations throughout Manhattan, Brooklyn, and Queens to implement clinical initiatives that support the ultimate goal of DSRIP. For more information, visit [www.mountsinaipps.org](http://www.mountsinaipps.org).

Upon completion of this activity, participants should be able to:

- Risk stratify patient with diabetes into low, moderate, or high risk based on A1c levels;
- Recognize other factors that may classify a patient as high risk, such as post emergency room visit, poor disease control despite high utilization of services, complex medication regimen, and the presence of co-morbidities; and
- Assess and apply the principles of the chronic care model in their day-to-day practice to prevent and manage diabetes.

### **Module 5: Diabetes Screening and Prevention**

**Purpose:** To provide a collection of best practices to guide and inform provider activities and interventions targeting diabetes management for the Mount Sinai Performing Provider System (MSPPS). This module will specifically focus on diabetes screening, preventative care and resources, and the utilization of the chronic care model to prevent diabetes.

Upon completion of this activity, participants should be able to:

- Identify risk factors and classifications for prediabetes and diabetes and apply the latest treatment guidelines to prevent diabetes.

### **CME Course #2: Diabetes/Cardiovascular Screening and Monitoring in Adults with Severe Mental Illness and/or on Atypical Antipsychotic Medications**

**Purpose:** To provide a collection of best practices to guide and inform provider activities and interventions targeting diabetes and cardiovascular monitoring for adults with severe mental illness within the Mount Sinai Performing Provider System (MSPPS). Specifically, this training will address assessment, management, and monitoring of specific blood values and metabolic features associated with diabetes and cardiovascular disease in patients with severe mental illness and/or on atypical antipsychotic medications.

Upon completion of this activity, participants should be able to:

- Recognize the type of antipsychotic medications associated with metabolic disturbances
- Name the blood values and metabolic features that need to be collected for diabetes and cardiovascular screening and monitoring in individuals with severe mental illness and/or on atypical antipsychotic medications

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